



NANCY LAYTHAM (JORGENSEN)

CAREER SYNOPSIS THROUGH FEBRUARY, 2010

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Nancy Laytham-Jorgensen is a licensed and certified Health and Wellness Coach® Her certification is the only Health and Wellness certification endorsed by the American College of Sports Medicine. Prior to this, she had a career at Bayer Pharmaceuticals. (This is where she learned of the value of a healthy lifestyle to avoid RX drugs and chronic diseases). She called on physicians in teaching hospitals from San Francisco, to NYC and Connecticut. She received many local and national awards for sales achievement and outstanding performance. In the last two years of her career, she became the Northern California Liaison between Bayer's Medical-Scientific Department and leading physicians in that region.

Before returning to school to follow her passion for Health and Wellness in the Wellcoaches Training and Certification program, she has been a docent at the Palm Springs Art Museum and active in community affairs in the city of Indian Wells

In the city of Indian Wells, Nancy served as a member of the City's Community Activities Committee, Women's Committee, and Vice President of the City's Historic Preservation Society. She is active in her college alumni and is Class Secretary of the permanent Class Council, class of 1961, UC Berkeley. She is an alumni of her sorority, Alpha Xi Delta, and of the campus honorary societies, Prytanean and Mortar Board.

She is a member of the Palm Desert Toastmasters Club. She has just joined the Coachella Valley Collaborative Health Initiative. Nancy started a new network of Coachella Valley Health, Wellness and Fitness Professionals as a MeetUp group.

Her formal education includes a B.A. from the University of California, Berkeley. She has earned 12 credits toward her MBA from St. Mary's College, Moraga, California. She has received several certifications in her field of Health and Wellness starting with her Wellcoach certification, then a certification for Group Coaching. She is also certified to teach Aquatic Fitness through the Arthritis Foundation and the US Water Fitness Association. She is currently enrolled in the EVOC Program at CSUSB, Palm Desert campus, to get her credential to teach Health and Wellness to Adult Learners.